

## H. Follow-up care

For pseudarthrosis:

The ESMST recommends the standards of "the technique of the treatment of bone-fractures", Lorenz Böhler (bibliography)

The pseudarthrosis is to be treated as a fresh fracture. It is imperative that it be stabilized using a plaster cast or appropriate splinting. These measures are unnecessary in the case of osteosynthesis which adequately stabilizes. Should the osteosynthesis show signs of loosening, however, an immobilizing bandage should be applied. The minimum observation period for pseudarthrosis is 3 months. The type of strain must be documented.

For soft tissue:

In general, no follow-up treatment is necessary in the case of treatment of shoulders, elbows and heels.