

ESWT in the treatment of acute plantar fasciitis in high level basketball players

Author:

Claudio Tedeschi, Bianchini Dinetta, Camurri Giovanni Battista

Institution:

Arcispedale " Santa Maria Nuova" Via Risorgimento 78 42100 Reggio Emilia, Italy

Device and producing company:

Piezoson 300

Introduction:

We want to report our experience about the efficacy of ESWT in the treatment of acute plantar fasciitis in high level basketball players.

Methods:

We have treated 22 basketball players with acute plantar fasciitis in the playing seasons from 2001 to 2005. They were divided into two groups, double blind random criteria: 13 were treated with ESWT and nine with ultrasound.

Results:

They were evaluated with VAS and are "back in the game."

Discussion:

We anticipated the athletes' recovery from 7 to 15 days.

Conclusion:

The experience was positive. Treatment was fast and painless, and no side effects were reported.